



## Camp Lodestar

6135 Blue Mountain Road

Wilseyville, CA 95257

Office: 209.293.4980

Reservations: 800.678.5102

*A member of United Camps, Conferences, & Retreats*

## YOUR PROGRAM PARTNER

The principal role of UCCR is to provide nurturing places for groups to meet, discover, learn, and be renewed. To each we add the joy of good food, serenity, comfort, hospitality, and service that best fit the program needs of those we host. Here are some explanations and advice on what to expect during your visit.

### UCCR PROVIDES...

- Delicious home-cooked meals.
- Orientation to site safety and emergency procedures.
- Comfortable lodging.
- Recreation: summer swimming, volleyball, basketball, ping-pong, horseshoes, hiking, and a large playing field.
- Emergency and guest phone numbers:

EMERGENCY                      209-293-4980

Leader's Cabin                209-293-4986

- Fire Drills are required for all groups staying 72 hours or more.

### YOU BRING...

Sleeping bag, pillow, towels, soap, flashlight, and personal gear. (Insect repellent in the summer).

### PLEASE HELP...

- Set, serve, and clean tables at mealtimes.
- Clean up your camp area daily and before you leave.
- Observe "quiet time" between 10PM and 8AM.

### MEAL SERVICE

- Two weeks before your arrival we will need to know your menu choices.
- A sample menu with a variety of choices is enclosed. If we don't hear from you regarding menu choices, we will create a great menu for you.
- At the beginning of your stay with us you will be charged for the number of meals that you tell us to cook. Numbers can then be adjusted.
- Coffee and tea are available at every meal.
- An additional charge will apply for requested beverage service between meals.
- Refrigerators and microwaves are available in the Leader's Cabin, Toad Hall, and I-House.

### MEDICAL SUPERVISION

- We do not provide medical supervision. You will need to have a qualified adult who is at least 21 years of age and is certified in first aid and CPR.
- Youth groups must bring medical authorization and medical history forms for each participant.
- Groups staying 72 hours or more will need additional medical supervision information. A medical packet will be mailed to such groups.

## SWIMMING

The pool at Camp Lodestar is generally available from Memorial Day weekend through Labor Day weekend, weather permitting. Availability at other times is at the discretion of the Site Director and is subject to change. If your group would like to use the pool, please contact the Site Director in advance. The following guidelines will apply:

### 1. Lifeguard

We will provide a lifeguard for your swimmers.

### 2. Pool Capacity

There may be restrictions on the number of swimmers in the pool at one time. Please discuss this with the Site Director.

### 3. Spotters

To ensure safety and stay within organized camping standards at our swimming facilities, all groups using the swimming pool at Camp Lodestar are required to provide "spotters". The spotters will assist the lifeguard in providing a safe swimming experience for the campers. Upon arrival at Camp Lodestar, the spotters will be trained by the UCCR Site Director or lifeguard to their duties. The training takes approximately 10 minutes. The duties of the spotter include:

- ✓ There will be one spotter for every ten persons in the water.
- ✓ Spotters will be trained on how to alert the lifeguard in case of emergency.
- ✓ Spotters will only be trained to perform an elementary form of non-swimming rescue.
- ✓ Spotters will be positioned at the pool so they can observe the swimming area and quickly assist swimmers.
- ✓ The spotter's training will be documented.

Thank you for your help. Our goal is to provide a safe and enjoyable experience for all campers at Camp Lodestar. Please contact the UCCR Site Director with any questions.

## PAYMENT

Payment is expected at the end of your stay. If you do not intend to pay at the end of your stay, arrangements must be made with our reservations office prior to the day your group arrives at the camp. Reservations may be reached at 800-678-5102.

## FOR SAFETY AND COMFORT

- Please leave pets at home. Service dogs are welcome.
- No illegal drugs or irresponsible use of alcohol.
- No firearms, ammunition, flammable materials.
- Smoking is confined to designated outdoor areas.
- Because parking is limited, we suggest carpooling.
- Personal property is brought to the site at your own risk. UCCR will not be responsible for loss or damage to personal property.
- For the safety of all it is recommended that campers never be left unsupervised or in the company of less than two adults at any time.